

2012 Research Intern, School of Psychology, [University of Queensland](#), Brisbane, Australia (Supervisor: Dr. Hannes Zacher)

Publications

2021 **Prochilo, G. A.**, Costa, R. J. S., Hased, C., Chambers, R., & Molenberghs, P. (2021). A 16-week aerobic exercise and mindfulness-based intervention on chronic psychosocial stress: A pilot and feasibility study. *Pilot and Feasibility Studies*, 7(1), 64.
<https://doi.org/10.1186/s40814-020-00751-6>

2019 **Prochilo, G. A.**, Louis, W. R., Bode, S., Zacher, H., & Molenberghs, P. (2019). An Extended Commentary on Post-publication Peer Review in Organizational Neuroscience. *Meta-Psychology*, 3.
<https://doi.org/10.15626/MP.2018.935>

2017 Molenberghs, P., **Prochilo, G.**, Steffens, N. K., Zacher, H., & Haslam, S. A. (2017). The Neuroscience of Inspirational Leadership: The Importance of Collective-Oriented Language and Shared Group Membership. *Journal of Management*, 43(7), 2168–2194.
<https://doi.org/10.1177/0149206314565242>

Presentations and Invited Talks

2022 **Prochilo, G. A.** *The Effects of a Mindfulness-based Massive Open Online Course (MOOC) on Psychological Stress and Wellbeing in Tertiary Education Students: A Pragmatic Randomized Controlled Trial*. Australasian Society of Behavioural Health and Medicine Conference, Perth, Australia.

2021 **Prochilo, G. A.** *The future of science is open: three ways you can apply open science reforms to your research right now*. HeSSA Open Science Symposia with Guy Prochilo, Swinburne University, Melbourne, Australia. Invited Talk. [Watch Talk Here](#).

2020 **Prochilo, G. A.** *Three ways you can get started with open science right now*. ISN Psychology, Melbourne, Australia. Invited Talk.

2019 **Prochilo, G. A.**, Louis, W., Bode, S., Zacher, H., & Molenberghs, P. *Organizational Neuroscience Needs Careful and Consistent Post-publication Peer Review*. Association for Interdisciplinary Meta-research & Open Science Conference, Melbourne, Australia.

- 2018** **Prochilo, G. A.**, Dominguez, J., Costa, R., & Molenberghs, P. *The Effects of a 16-week Combined Aerobic Exercise and Mindfulness-based Intervention: A Pilot Study*. Society for Neuroscience Annual Meeting, San Diego, United States.
- 2018** **Prochilo, G. A.**, Dominguez, J., Costa, R., & Molenberghs, P. *The Effects of a 16-week Combined Aerobic Exercise and Mindfulness-based Intervention: A Pilot Study*. Australasian Society for Social and Affective Neuroscience Annual Meeting, Brisbane, Australia.
- 2016** **Prochilo, G. A.**, Molenberghs, P., Steffens, NK., Zacher, H., & Haslam, SA. *The Neuroscience of Inspirational Leadership: The Importance of Collective-oriented Language and Shared Group Membership*. Australasian Society for Social and Affective Neuroscience Annual Meeting, Sydney, Australia.

Collaborators

- Associate Professor Pascal Molenberghs, [ISN Psychology](#), Melbourne, Australia
- Professor Hannes Zacher, [University of Leipzig](#), Leipzig, Germany
- Dr. Ricardo Da Costa, [Monash University](#), Melbourne, Australia
- Associate Professor Stefan Bode, [University of Melbourne](#), Melbourne, Australia
- Professor Winnifred Louis, [University of Queensland](#), Brisbane, Australia
- Dr Juan Dominguez, [Australian Catholic University](#), Melbourne, Australia
- Professor Craig Hassed, [Monash University](#), Melbourne, Australia
- Dr. Richard Chambers, [Monash University](#), Melbourne, Australia

Current Student Supervision

- 2021** Group Project: *Can smartphone apps be used to reduce psychological stress in people who are currently experiencing psychological stress: a randomized controlled trial?*
- **Honours Students:** Shuniel Turner and Najia Anjum.

Completed Student Supervision

- Total Completed: 18 Honours Students; 2 Master's Students

- 2021** Group Project: *Can smartphone apps be used to reduce psychological stress in people who are currently experiencing psychological stress: a randomized controlled trial?*

- **Honours Students:** Puya Pazir, Angus Panther, Tarshi Barua
- **Master's Students:** Oscar Goldberg

2021

Group Project: *A randomized pretest-posttest waitlist-controlled trial to examine the effects of an online mindfulness-based intervention on psychological stress and wellbeing in tertiary education students.*

- **Honours Students:** Carmen Phung Tong, Niva Perera, Dana Najmeddine, Asad Khan, Azra Mehmeti
- **Master's Students:** Zoe Lazaridis

2020

Group Project: *The effects of an online mindfulness-based intervention on psychological stress: a randomized pretest-posttest waitlist-controlled pilot and feasibility study.*

- **Honours Students:** Ciaran Barton, Kathryn Cianciarulo, Eman Shehata, Esma Voloder, Caroline D'Souza, Daniel Abela, Lillian Underhill, Carolina Debek, Khadijah Duarte, Mona Andalib.

Journal Reviewer

- BMC Medical Education

Awards

2019

Conference Poster Award (Top 10). *Melbourne Research Bazaar Conference.* Researcher Community Training Service, [University of Melbourne](#), Melbourne, Australia

2018

Melbourne Research Scholarship, [University of Melbourne](#), Melbourne, Australia.

2017

Monash University Volunteer of the Year Award (Nominated). [Monash University](#), Melbourne, Australia.

Professional Memberships

- Australasian Society for Behavioural Health and Medicine (ASBHM). [Website](#).
- Association for Interdisciplinary Meta-Research and Open Science (AMOS). [Website](#).
- Australia and New Zealand Open Research Network (ANZORN). [Website](#).
- Society for the Improvement of Psychological Science. [Website](#).
- The Australasian Society for Social and Affective Neuroscience. [Website](#).